take everything seriously, hence my worry and fear

book isn't a belief

16. That I would do things to be vindictive dogs to make them sick, or any such thing
That I didn't care to get them help

That I didn't care to get them help reasingly limited options, to get them the

continue to be thwarted and blocked 18. I only want to punish good too, the most loving anyone can be

direction and help for someone who

hard and painful

19. That this is about me
to me and why, it's about what happened

help them thru that 20. That I knew things certainly make them think I'm evil I would not hurt the
I continue, with
proper help, but efforts
Consequences can be
for another is to give them
needs it even when it is
I know what happened
to them me being there to
Believing that lie would

There are others, but these are some highlights. The false beliefs steve are projections, they are not who I am at all. Understanding that the girls view things from a distorted set of beliefs has painted everything that has happened. These distortions cannot be allowed to cement. How awful it would be not to give the girls the relief of knowing who I truly am, not how I have been painted and defined. Confusion and chaos, made it extremely clouded for me to understand how they were viewing things. The worst sin of all is to allow this to continue, for them to believe that I am not a real and complete person who loves and values them totally. No wonder they have felt such horrible pain, depression and suicidal; no wonder that's what I felt as well.

In not confused anymore. I love those girls and know that they deserve real happiness which will come by dealing with truth. They don't deserve the emptiness of just trying to put on a front for people. That would be a life of not feeling real love given, or the ability of giving real love. A life of looking over your shoulder, always having to be on stage, being destructive to anyone who sees beyond the mask would be a life of hell.